

Longmoor Primary School PSHCE Progression of skills

Dreams and Goals Spring 1

FS2 BR	<ul style="list-style-type: none"> • Initiates conversations, attends to and takes account of what others say • Explains own knowledge (familiar to them) and asks appropriate questions of others • With some adult support, can play cooperatively with a range of children may be able to find compromises. 	FS2 MS	<ul style="list-style-type: none"> • Confident to speak about own opinions and interests • Describes self in positive terms including a growing bank of abilities • Independently identifies a range of healthy foods • Show an awareness of healthy practices and reasons for doing them eg sleep, exercise, hygiene and oral health • Show an increasing understanding of the need for safety when tackling new challenges • Practices a wider range of appropriate safety measures independently • To complete a tasks, overcoming a particular challenge, not always linked to interest. 	FS2 SR	<ul style="list-style-type: none"> • Aware of own feelings and can use the appropriate word/description. • Beginning to regulate own behaviours making/suggesting appropriate changes to actions • Increasingly aware of boundaries set and behavioural expectations in the setting • Can negotiate and solve problems without heightened emotions, using words to negotiate or overcome.
Y1	<ul style="list-style-type: none"> • Recognise things that they do well • Explain how they learn best • Celebrate an achievement with a friend • Recognise their own feelings when faced with a challenge • Recognise their own feelings when they are faced with an obstacle • Recognise how they feel when they overcome an obstacle • Can store feelings of success so that they can be used in the future 	Y2	<ul style="list-style-type: none"> • Be able to describe their own achievements and the feelings linked to this • Recognise their own strengths as a learner • Recognise how working with others can be helpful • Be able to work effectively with a partner • Be able to choose a partner with whom they work well • Be able to work as part of a group • Recognise how it feels to be part of a group that succeeds and store this feeling 	Y3	<ul style="list-style-type: none"> • Recognise other people's achievements in overcoming difficulties • Imagine how it will feel when they achieve their dream / ambition • Can break down a goal into small steps • Recognise how other people can help them to achieve their goals • Can manage feelings of frustration linked to facing obstacles • Can share their success with others • Can store feelings of success (in their internal treasure chest) to be used at another time
Y4	<ul style="list-style-type: none"> • Can talk about their hopes and dreams and the feelings associated with these • Can identify the feeling of disappointment • Can identify a time when they have felt disappointed • Be able to cope with disappointment • Help others to cope with disappointment • Can identify what resilience is • Have a positive attitude • Enjoy being part of a group challenge • Can share their success with others • Can store feelings of success (in their internal treasure chest) to be used at another time 	Y5	<ul style="list-style-type: none"> • Verbalise what they would like their life to be like when they are grown up • Appreciate the contributions made by people in different jobs • Appreciate the opportunities learning and education can give them • Reflect on the differences between their own learning goals and those of someone from a different culture • Appreciate the differences between themselves and someone from a different culture • Understand why they are motivated to make a positive contribution to supporting others 	Y6	<ul style="list-style-type: none"> • Understand why it is important to stretch the boundaries of their current learning • Set success criteria so that they know when they have achieved their goal • Recognise the emotions they experience when they consider people in the world who are suffering or living in difficult circumstances • Empathise with people who are suffering or living in difficult situations • Be able to give praise and compliments to other people when they recognise that person's achievements

