

Longmoor Primary School



LEARN, GROW, ACHIEVE

Personal, Social, Health and Economic Education Policy 2024

Adopted by Governors

Chair of Governors Signature: <i>Jane Wright</i>	Date: 8 th May, 2024
Chair of Governors Signature: <i>Jane Wright</i>	Date: 4 th May, 2022

Philosophy

Personal, Social, Emotional and Economic Education (PSHE) is currently a non-statutory subject. However, at Longmoor we place great importance on the subject as we understand the vital impact it has on developing the whole child and overall pupil well-being. PSHE allows pupils to explore sensitive topics and teaches them to respect everyone as they develop their understanding of the world we live in and the importance of diversity and equality. It gives every pupil a voice and the chance to express their thoughts, ideas and emotions in safe space. Making direct links with our whole school British Values, PSHE teaches our pupils how to become good citizens and also prepares them for their journey through life, giving every pupil the tools to thrive as they journey through life growing into young adults.

Aims

The key aims of PSHE at Longmoor are to teach the pupils:

- To provide a secure and positive environment so that each child will feel valued, safe and happy.
- How to be a good friend.
- To understand diversity and equality and where they fit into the world.
- An appreciation and celebration of everyone being special, unique and different.
- An understanding of how change happens in our lives and how we can deal with change.
- Rights and responsibilities and how to be a good citizen.
- The importance of listening to others and being respectful.
- The importance of standing up against bullies and how to deal with bullying effectively and correctly.
- What to do if you or someone you know is being bullied.
- How to deal with negative feelings and how to overcome life challenges.
- What a positive relationship is, how to maintain them and how to recognise negative relationships.
- Empowerment to say 'no'.
- How to live a happy, healthy life.

Teaching and Learning

At Longmoor Primary, we follow the Jigsaw PSHE scheme of work. The Jigsaw PSHE is a comprehensive and completely original scheme of work for the whole school from Foundation Stages 1 and 2 right through to Year 6. It brings together PSHE education, emotional literacy, social skills and spiritual development through a comprehensive scheme of learning - ensuring that

purposeful activities are taught throughout and that clear stages of progression are evident in the children's learning journey.

Spiritual, Moral, Social and Cultural (SMSC) development opportunities are mapped throughout also. All of these pieces of learning are brought together to form a cohesive picture across school, helping children to know the value of who they are and understand how they relate to other people in the world.

Links with British Values:

The Jigsaw scheme contributes to the British Values agenda very significantly, both through the direct teaching of information and through the experiential learning children will enjoy.

The 5 strands of the British Values agenda have been mapped across every puzzle (half termly topic) and every piece (individual lessons).

See below for a breakdown of each puzzle (half termly topic)

Puzzle 1 (Autumn 1) - Being Me In My World

Puzzle 2 (Autumn 2) - Celebrating Difference

Puzzle 3 (Spring 1) - Dreams and Goals

Puzzle 4 (Spring 2) - Healthy Me

Puzzle 5 (Summer 1) - Relationships

Puzzle 6 (Summer 2) - Changing Me

At the start of each half term, a new puzzle begins with an assembly based around the theme of puzzle. Jigsaw certificates are given out weekly to celebrate children's learning during PSHE lessons. We are proud of the way that we as a school promote the emotional well-being for all of our pupils through the Jigsaw programme, which underpins the whole of our curriculum and school ethos.

Planning

Following the Jigsaw scheme, each puzzle then provides teachers with an individual lesson plan and relevant resources for each piece of the puzzle (each lesson). This ensures progression throughout school and maintains consistency of high quality PSHE education. Each puzzle provides enough puzzle for one lesson of PSHE each week.

The planning follows a set structure using the same terms across school; these terms are used with the pupils too so that they understand the key elements of a PSHE lesson at Longmoor.

The key terms/lesson structures are as follows:

- Key Vocabulary

- The Jigsaw Charter
- Connect Us
- Calm Me (meditation time)
- Open My Mind
- Tell Me or Show Me
- Let Me Learn
- Help Me Reflect

The above Jigsaw lesson structure breakdown and planning provides pupils with a wide variety of ways to learn including through: song, watching videos, drama, art, individual activities, group activities, whole class and peer discussions and many different games.

Pupil Assessment

In PSHE, the children are encouraged to self-assess through the final part of the lesson structure named 'Help Me Reflect'. This gives every child the chance to reflect on the learning objective and aims of the lesson to understand how they have achieved/met or understood this. It also gives the teacher the time and opportunity to address any misconceptions and make informal assessments about the pupils in their class. This time for reflection and self or peer assessment is a vital part of the learning process in PSHE as it allows the pupils to think about themselves as citizens going forward and how they might change or alter their behaviours when faced with a challenge, change or certain situation. This reflection time can be done verbally - through whole class or peer discussions, 1:1 with an adult or by writing a reflection down.

Further to that, class teachers are able to use the Jigsaw scheme to formally assess each pupil using as each Puzzle provides teachers with an assessment table which breaks down each piece of the puzzle into statements for 'working towards/working at and working beyond'.

Teachers are able to use this table to help them make informed decisions when formally assessing their class at the end of every full term.

Children are able to self-assess their learning using the Jigsaw Journey sheets, which are differentiated for each year group and are completed either at the end of every lesson or at the end of a half term.

Additional Opportunities

At Longmoor, we are proud to go further than just delivering a powerful and successful PSHE curriculum but we also provide many additional opportunities to support our pupils' mental health and well-being.

We endeavour to grasp any opportunity to promote happy and kind pupils, healthy minds and well-being through taking part in various whole school initiatives. These include celebrating 'Anti-Bullying Week', 'World Mental Health Day', 'Children's Mental Health week' each year.

We also provide our year 6 children with an annual careers fair to make sure that our pupils do not become 'NEET - Not in Education, Employment or Training.

In addition, our year 5 pupils participate in the "Mini-Police" programme which is designed to give young children the opportunity to learn about their safety, their role within their community and how the police work to keep them safe.

Anti-bullying and Promoting Core PSHE Values

Each year at Longmoor, the whole school takes part in 'Anti-Bullying Week'. Throughout the week, the children take part in assemblies, anti-bullying lessons and various activities and competitions. Also, each year we endeavour to take part in other national celebrations that promote the values of PSHE such as 'Odd Sock Day' to celebrate everyone being different.

We are proud to have a dedicated group of Anti-Bullying Ambassadors at Longmoor. Their role is to help support Midday Supervisors during lunchtimes and they work towards a set of Anti-Bullying badges throughout the year. These badges are:

Inclusion (Formerly the Respect Badge)

Wellbeing

Community Action

Working towards these badges includes whole school celebratory days, Anti-Bullying Ambassador assemblies, raising awareness of disability and numerous projects where they aim to raise the profile of Anti-Bullying throughout the whole school.

Monitoring and Evaluation

The PSHE lead teacher alongside the Headteacher are responsible for the effective monitoring and evaluation of the PSHE curriculum.

The monitoring of the standards of children's work and of the quality of teaching in PSHE is the responsibility of the subject leader alongside the Headteacher. The work of the subject leader also involves supporting colleagues in their teaching, being informed about current developments in PSHE, and

providing a strategic lead and direction for this subject in the school. The subject leader reviews and evaluates the action plan, budget and planning annually.

Pupil Voice

We ensure that every pupil's voice is heard by asking the children to take complete a PSHE questionnaire, which has been created by the Health Education Partnership. There are separate questionnaires for KS1 and KS2 and the questions included cover well-being, how safe children feel in school, how school tackles bullying, how much physical exercise children undertake and healthy eating. The results then raise actions, which are put into place and tackles any concerns or issues that may have arisen.

PSHE Policy Reviewed and Updated April 2024 by J.Welbourne.